



Body Psychology

863.207.4402

BodyPsychWellness@gmail.com

Client Participation Agreement

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone _____ Do you wish to receive Texts? _____

Email _____ Birth Month _____ (For Birthday Discounts)

How did you find out about Body Psychology? _____

Reason for your visit? _____

In therapy before? _____ Hypnotized before? _____ For What? _____

Currently taking medications? _____ If yes, please provide medication, reason and prescribing doctor.

As I enter into this relationship, I agree to the following:

1. I am participating in hypnosis by my own choice because I want to be here.
2. I understand that transformation is a process and that it can take time.
3. I understand that my progress involves how I care for myself physically, mentally, emotionally and spiritually.
4. I understand that no warranties have been extended and no specific outcomes have been guaranteed.
5. I acknowledge the futility of blame of both myself and others; that I am solely responsible for my actions or inactions including what I do or do not do with the information and issues I uncover during this process.
6. I understand that I am not a patient, but a co-operator in my hypnosis experience.
7. I understand that Kathy Macchione Leggett is not a medical doctor. I understand that if I am under the care of a doctor for any medical condition, I must obtain a signed, written referral from your provider before booking your appointment.

*** By signing this form I acknowledge that I will give a 24-hour notice in case I need to cancel or reschedule my appointments and that if I do not that I will pay for the full price of the session that I had scheduled.

Signed: _____ Date _____

Client Bill of Rights

Contact Information: My name is Kathy Macchione Leggett, LMHC, Hypnotherapist. I can be contacted through my office by telephone at , or 863-207-4402 or via email at BodyPsychWellness@gmail.com.

Education and Training: I am trained in hypnotherapy by Dr. Richard Bandler, PureNLP, in Orlando, Florida as well as through Inspired Outcomes, in Ontario, Canada. I am a Certified Member of the (ICBCH) I am a Licensed Mental Health Counselor through the Florida Board of Florida Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling, a Licensed Master Practitioner of Neuro-Linguistic Programming through NLP Seminars Group International.

Notice: AS THE STATE OF FLORIDA HAS NOT ADOPTED EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM, THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Hypnotism is a self-regulating profession and its practitioners are not licensed by state governments. I am not a physician nor a licensed health care provider and may not provide a medical diagnosis nor recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer to another practitioner. A client has a right to refuse hypnotism services at any time. A client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of sessions, and may assert any right without retaliation.

Redress: As a certified member of the American Council of Hypnotist Examiners and the International Association of Interpersonal Hypnotherapists, I practice in accordance with their Code of Ethics. If you have a complaint about my services or behavior that I cannot resolve for you personally, you may contact either organization. (Complaints must be in writing setting forth the basis of the claim.) Other services than my own may be available to you in the community. You may locate such providers on the internet. As my client you have the right to refuse any aspect of services or to completely terminate services at any time, or to choose another practitioner.

Fees: As of January 1, 2024, hypnosis sessions are \$200 per session. A three (3) Session adult package is \$550. Body Psychology reserves the right to add, change or modify promotions and sessions rates each year on January 1st, to respond to competitive conditions. Sessions may last between 45 min to 1 hour.

Discounts: A discounts are available for advance payment of 3 or more regularly priced sessions, and not applicable to already discounted rates. Discounts are not transferable and cannot be combined with other offers or published packages. Dani Fox Hypnosis reserves the right to add, change or modify discounts each year, to respond to competitive conditions.

Payment Method: Payment for a single session is expected prior to the time of service via check, cash or credit card. You may also pay in advance via Venmo or Zelle. Payment for packages is also expected on or before the first session in the series. Sessions purchased in the form of a package and paid in advance are not refundable and are good for 6 months from the date of purchase. After 6 months of absence from sessions, these hours and balance are forfeited.

Email Opt In: By signing this agreement and / or scheduling via my online appointment system, you are "opting in" to receive email from BodyPsychWellness.com for scheduling and marketing purposes. If you wish to unsubscribe from emails, newsletters, and promotional correspondence, you may do by selecting "unsubscribe" at the bottom of any newsletter. Please be aware that doing so will also unsubscribe you from appointment confirmations and reminders.

Confidentiality: I will not release any information to anyone without a written authorization from you, except as provided for by law. You have a right to be allowed access to my written record about you. As my client you have the right to complete and current information concerning any aspect of the professional/client relationship.

Insurance: I do not take insurance and I suggest you regard my services as something that you pay for personally as you would with any personal development service. Not only does that protect your privacy, but it also helps you value the work we are doing. In general, most insurance companies do not cover hypnosis, yet you could inquire to see if it is a reimbursable expense. I will happily provide a receipt for service.

Approach: It is my goal to help you to achieve lasting results through the use of Hypnosis, NLP, Coaching, CRA, NET, EMDR and other related self-help modalities. Through the power of your own mind, I will assist you in reaching your goals in a way that is mutually agreeable, in compliance with state and federal laws, and in keeping with the standards of the organizations to which I belong. I am professionally committed to mobilizing your inner resources in the shortest time possible.

I am of legal age and in consideration of my acceptance as a participant in this seminar, hypnosis session, regression, training or any other Kathy Macchione Leggett. I for myself, my heirs, executors, administrators and assignees, do hereby release and discharge Kathy Macchione Leggett, any of her employees or other participants from all claims of damages, copyright, demands or actions whatsoever in any manner arising from or growing out of my participation. I understand that recordings are made at these events and Kathy Macchione Leggett retains the copyright of these recordings and that I will not re-record, reuse, sell or transfer ownership of said recordings. I have received and read this Client Bill of Rights and the ACHE Disclosure Form and understand what I have read:

Client Name: _____ Signature: _____ Date: _____

A.C.H.E. Disclosure Form



Hypnotherapy is a self-regulated profession and does not qualify for State licensing. The American Council of Hypnotist Examiners is a non-profit professional organization, chartered by the State of California, to establish training standards, standards of professional practice, and a code of ethics. The ACHE's Ethics Committee can suspend or revoke certification. Certification is awarded to those who attend ACHE approved schools, with ACHE approved hypnotherapy instructors. Although the state does not regulate curriculum or a required number of hours of training, the American Council of Hypnotist Examiners has the highest requirements for certification of any major Hypnotherapy organization in the USA. The ACHE logo is the Hallmark of Quality for the Hypnotherapy profession. Be sure to look for it.

Hypnotherapists agree to provide professional services in accordance with acquired training and experience giving undivided attention during scheduled consultations to facilitate Client's benefits. Hypnotherapist's work is Client-centered. Services provided utilize induction of hypnosis, and methods and principles used to help clients discover their inner creative abilities to develop positive thinking and feeling and to transform undesirable habits and behavior patterns. Therapeutic goals are to achieve freedom from restrictive thought and belief systems, to assist in solving personal problems, developing motivation and achieving goals. Client may be taught the use of self-hypnotic techniques to assist in achieving goals and resolving issues that have been mutually agreed upon by Client and Hypnotherapist.

Hypnosis is not a state of sleep, but is a natural state of mind that can produce extraordinary levels of relaxation of mind, body and emotions. The principles and theories upon which hypnotherapy is based are accessing and utilizing the power of one's inner resources. Hypnosis can transcend the critical, analytical level of mind, and facilitate the acceptance of suggestions, directions and instructions desired by the Client. The therapeutic use of Hypnosis can also elicit information and insights from the inner mind. The hypnotherapist utilizes interviews, discussion and hypnotic methods dealing with underlying issues whenever appropriate, with the goal to achieve effective and lasting results.

American Council of Hypnotist Examiners
3435 Camino del Rio S, San Diego, CA 92108
www.hypnotistexaminers.org

IAIH Disclosure Form



Hypnotherapy is a self-regulated profession and does not qualify for state licensing in the United States. The International Association of Interpersonal Hypnotherapists is the credentialing body for The Florida Institute of Hypnotherapy, a Florida Department of Education state licensed school offering career Diplomas in Hypnotherapy, Clinical Hypnotherapy and Transpersonal Hypnotherapy. The IAIH's Ethics Committee can suspend or revoke certification of its members. Certification is awarded to those who complete 500 hours of training and receive State Licensed Diplomas from FIH. Alternatively, certification and membership is also granted to a hypnotherapist who has attended a state licensed school or the international equivalent, received at least 300 hours of training, and who has successfully completed the IAIH Interpersonal Hypnotherapy Course and passed the IAIH practical and written exam. The IAIH has the highest standards and requirements for certification of any major hypnotherapy credentialing body currently in the United States. Hypnotherapists certified by IAIH have agreed to provide professional services in accordance with the IAIH Code of Ethics. IAIH Hypnotherapists practice within the scope of their individual credentials and engage in the profession legally and ethically. IAIH Hypnotherapists also understand and embrace the hypnosis laws that regulate our profession on international, federal, state, county and city levels. The IAIH works with state and federal legislators to raise the industry standards and protect the practice of hypnosis by qualified practitioners.

When you see the IAIH logo you have the assurance that the hypnotherapist is highly trained and certified. Clients choosing an IAIH Certified Hypnotherapist are entering into a professional relationship knowing it is a cooperative relationship designed to assist the client to reach their goals in a timely manner. The IAIH defines hypnosis as a natural, yet altered, state of mind where communication and responsiveness with the subconscious mind is present. Ultimately hypnosis transcends the critical and analytical level of mind and thought, providing a natural yet altered state wherein practitioners can help facilitate the acceptance of suggestions, directions and instructions desired by the client. Through IAIH hypnotic techniques and teachings the client's deep inner mind can access information and insights necessary to extend themselves and others the forgiveness, understanding, compassion, acceptance and ultimately love necessary to produce a compassionate philosophy and state of being.

IAIH Hypnotherapists are committed to honoring the importance of relationships in every aspect of the human experience. In cooperation with clients and with mutually agreed upon goals, IAIH Hypnotherapists utilize their advanced training to personalize an approach to uncover life defeating and limiting belief systems of their clients, identify repeating negative patterns, and use sound principles and techniques to help clients discover their inner transformative power, reframe defeating or negative thoughts into positive truthful thoughts and feelings, and achieve effective and lasting results.

It is the goal of every IAIH Hypnotherapist to help clients achieve their goals as quickly as possible and to become obsolete in the client's life in a timely manner by empowering each client with powerful techniques to achieve goals and resolve issues through self-hypnosis, hypnotic reprogramming and reframing techniques. The IAIH Interpersonal hypnotherapist will utilize dialogues, and advanced hypnotic techniques honoring the sacredness of the relationship while working to uncover underlying patterns or limiting belief systems and ultimately transforming those to align with the truth that all persons are perfect, whole and complete, and worthy of love, abundance and respect. Through this, the IAIH Interpersonal Hypnotherapist empowers the client, and together they achieve effective and long-lasting results.

International Association of Interpersonal Hypnotherapists
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www.InterpersonalHypnotherapy.com